News & Views From St Mary's Church Ecclesfield



Church Magazine February 2022 <u>stmarysecclesfield.org.uk</u> Price 60p

First Words

Welcome to the first Church magazine of 2022!

I always find February a very tough month. It is still winter, we still have long dark nights and days with grey skies. By February I need more sunshine!

February begins with a celebration of Christ's Light - the feast of **Candlemas** which falls on the 2^{nd of} February, although we are celebrating it a few days early on **Sunday 30th January** in the 10am service this year.

We continue our usual pattern of **mid-week Communions** on **Thursdays in February at 9.30am**.

On **Sunday 6th February**, after the Parish Eucharist at10am, we will be having **Baptisms at 12 noon**, and at **5pm** on that day there will be a **Wedding Rehearsal** before the Evening Service at 6.30pm.

On **Monday 7th February the PCC** will meet in Church at **7.30pm**. The first **Wedding** of the year is on **Saturday 12th February at 2pm**.

On Sunday 13th February at 10am we will have our monthly All Age Celebration Service - look out for more details. At 6.30pm that evening there will be a celebration of the Eucharist.

Soul Sanctuary, an introduction to Christian Meditation & Contemplative Prayer will be on **Wednesday 16th February at 3pm.**

St Mary's Gathering will be on Wednesday 23rd February at 7.30pm in Church, and the Daytime Gathering will be held on Thursday 24th February at 10.30am, in Church after the mid-week communion.

On Monday 28th February at 7.30pm there will be a joint meeting of the PCCs of St Mary's and St Mark's Grenoside. We will be meeting with the Associate Archdeacon, Revd. Ian Parkinson to discuss Focal and Oversight Ministry and our parishes. Please note that this meeting will be at St Mark's.

God bless, Tim

Clicking on images and links in the online magazine may tell you more... Front Cover – Winter Flowering Cherry Back Cover – Lych Gate

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Prayer for the Month

Almighty and ever-living God, clothed in majesty, whose beloved Son was this day presented in the Temple, in substance of our flesh: grant that we may be presented to you with pure and clean hearts, by your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The Collect for Candlemas, also known as the Presentation of Christ in the Temple.

Forty days after His birth in Bethlehem, Mary and Joseph took Jesus to the Temple, to offer the sacrifice for their first-born son - you can read the story in St Luke's Gospel chapter 2 verses 22-40.

Every firstborn male was dedicated as holy to God, and was presented in the Temple. It is interesting to note that Mary and Joseph gave the offering of the poor - a pair of turtledoves or two young pigeons. From the moment of His birth Jesus was dedicated to God.

When they were in the Temple and ancient holy man, Simeon, saw them and saw in Jesus something that no one else saw that morning. He saw that Jesus, this tiny, helpless baby, was the long-promised Messiah. He said two things to Jesus' parents on that morning. Firstly he told them that their child would bring the light of God's love and redemption, not only to the people of Israel, but to all nations.

Secondly he spoke of the opposition that Jesus would face as He fulfilled His calling. Simeon told Mary that a sword would pierce her soul as she watched her son mocked, as He faced opposition, as He was arrested and crucified.

The collect, the special prayer for this day, reminds us that Christ who is the eternal word of God, the Son of the Father came 'in substance of our flesh' - as one of us.

In Jesus the eternal God takes our human nature, and so, in a sense when He is presented to the Father, human nature, humanity itself is presented in Him.

Jesus stands not just with us; He represents us. Our hope and our prayer is that when God the Father looks on us, He sees not us, but Christ.

When Christ is baptised in the river Jordan He repents on our behalf; when He dies on the Cross, He dies for us, in our place, and when He rises again on Easter Day His victory over death and sin and hell is for us.

In Christ God doesn't simply come among us, He takes us to Himself. In Christ God has reached out to heal and renew our human nature.

At Candlemas we look at Christ with the eyes of the aged Simeon, and see in this tiny child God visiting His people; we see the light and the hope of the world.

God bless,

Tim

Coffee Shop a big Thank You

In 2021 the Coffee Shop raised £1860 for the Church restoration fund. The money goes towards repairs, upkeep and improvement of St Mary's.

Thank you to all of the hard-working volunteers and to all who continue to support the Coffee Shop.

God bless,

Tim



God in The Arts

Editor: The Revd Michael Burgess continues his series on God in the Arts with a famous masterpiece by Rembrandt. If you use it, please would you add at the end: Picture reprinted by kind permission of the National Museum, Stockholm.

NUNC DIMITTIS

Waiting is a common human experience. Our lives are made up of waiting that leads to encounter, and the waiting requires patience and humility. Milton wrote in his blindness, 'They also serve who only stand and wait' as he wondered what he could do for God's kingdom now that his sight had gone.

Simeon in this month's painting of the 'Presentation of Christ' had been waiting. He belonged to a people who had been waiting for centuries. He was heir to the hopes and dreams of a nation waiting for a better world now that the holy city was in the hands of Roman invaders. With his people he clung to the hope that God would come to bring freedom and a new life. God's chosen one, the Messiah, would bring this about. When it came, there was no fanfare, no warning, just an ordinary family from



faraway Nazareth in the Temple, performing the religious duties for the firstborn son. But the waiting led to encounter, and the sight of the new-born child led to insight as Simeon recognised that light and salvation had at last come.

Rembrandt has captured all this in his painting, 'Simeon with the Christ Child in the Temple': the faith and patience, the hope and humility of an old man, a priest, who takes the babe into his arms and blesses God. It was the artist's last painting and left unfinished at his death in 1669. The figure of Mary by Simeon's side may have been painted by another artist at a later stage. It is the aged priest and the new-born babe that impress us as we look: Simeon with his venerable beard and eyes half closed, and the tiny child cradled in his strong arms, looking up intently with his eyes open.

As Rembrandt painted this canvas, was he saying something about his own life? He had not been afraid to paint his portrait at various stages - at 21, at 35, at 53 - a total of 60 portraits covering the span of years.

In this final painting the years have moved on as we see Simeon, mouthing 'Nunc dimittis' with his eyes half closed. Is the waiting over and the journey coming to an end, so that his eyes will fully close? Or will he open them to see that with the babe in his arms, God has more in store: the promise of a future as they step out together on a new journey?

St James the Least of All

Editor: The Revd Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...

On how to survive a residential conference

The Rectory St. James the Least

My dear Nephew Darren.

I am glad you enjoyed your conference, but please do not be deluded into thinking that conferences are there to teach you anything. Conferences exist to provide another entry on your CV, to give you time off while flattering yourself that you are working, and to make the person leading it feel that their life is not wholly pointless. As it happened, I was also invited to the same one, the one entitled 'Learning how to say no.' But I refused to attend, thereby proving that I didn't need it anyway.

There are certain useful points you need to learn for conferences. First, about half the attendees will have been together only the previous week attending another conference in another part of the country. They will be eager, enthusiastic, and overflowing with management platitudes. Avoid them at all costs. Should one of them say to you: 'expect the unexpected' you have my permission to strangle them. They won't have expected that!

Secondly, when you are all asked to go through that ghastly process of introducing yourselves to everyone else, make it up. I think the last time I was obliged to do this, I became a butcher specialising in exporting offal to Saudi Arabia. All your clerical colleagues will then panic that they have turned up for the wrong course and the leader will make sure that you are not asked another single question throughout the event. Both outcomes are satisfying.

Thirdly, do realise that when you are asked to divide into small discussion groups, it means that the conference leader has run out of ideas about what to do next. Do not, at all costs, volunteer to be chairman. It only means that when you have to report back – and if the leaders use the word 'plenary', then by all means contemplate strangling them also - you will be involved in sticking sheets of paper on to walls, which will then rip off the wallpaper when you try to remove them.

You will also have the embarrassment of finding that every felt tip pen you try to use will be empty, and what you thought were the conclusions your group had arrived at will be volubly contradicted by all the other members.

No, if you are ever obliged to attend another course, take a good book, enough claret to cover every evening away, and develop a debilitating illness that, while enabling you to attend every meal, obliges you to retreat to your room for the rest of the day. You will leave having learned as much on whatever the topic was as your colleagues, but you will return refreshed and eager to make the next booking.

Your loving uncle, Eustace



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Thought for the Month

Focal Ministry and Oversight Ministry.

The Church of England is facing a very challenging time at the moment. We are facing a shortage of funds and of clergy. The past two years of the pandemic has made this situation worse. Each Diocese in the Church, including the Diocese of Sheffield, is trying to find a way to provide sustainable ministry in its parishes.

Rather than simply merging parishes into larger and larger groups with fewer and fewer clergy, Sheffield Diocese is pioneering a new way of supporting ministry in all of its parishes. The Diocesan vision says:

"The Diocese of Sheffield is called to grow a sustainable network of Christlike, lively and diverse Christian communities in every place which are effective in making disciples and in seeking to transform our society and God's world."

The plan is to have parishes linked in mission areas with each parish growing a ministry team led by Focal Ministers, and the teams in the mission area supported by an Oversight Minister or Ministers.

The Focal Ministers will be based in a local Church, they may be lay or ordained and will usually be volunteers. They will be supported by a local ministry team of people who lead the worship and mission of the Church.

The Oversight Minister will work with the Focal Ministers and ministry teams in the Churches in the mission area. They will usually be ordained and their role will be to work with the ministry team and focal ministers in leading worship and teaching in the churches, and supporting the focal leaders.

Exactly how this works out in detail will vary from Church to Church and from mission area to mission area, but it is the model for ministry which will eventually embrace every parish in our Diocese.

Although these changes are a response to a crisis in the Church of England, the idea of ministry teams of ordained and non-ordained ministers, working together to lead and enable the worship, teaching, outreach and pastoral care in the local Church is a healthy one.

In many ways it makes more formal patterns of leadership shared between Vicars, Lay Readers and Pastoral teams, that St Mary's has been used to over the years. It is a healthy and Biblical pattern of ministry and leadership.

Our first response must be to pray. To pray for our bishops Pete and Sophie in this very challenging situation. But also to pray for St Mary's. Over the next few years we will need to find out who God is calling to become Focal Ministers in our Church, who God is calling into leading worship or into pastoral ministry.

For more information about Focal Ministry, see our Diocesan web page: www.sheffield.anglican.org/focal-ministry.

God bless, Tim

Valentine's Day 14th February

There are two confusing things about this day of romance and anonymous love-cards strewn with lace, cupids and ribbon: firstly, there seems to have been two different Valentines in the 4th century - one a priest martyred on the Flaminian Way, under the emperor Claudius, the other a bishop of Terni martyred at Rome. And neither seems to have had any clear connection with lovers or courting couples.

So why has Valentine become the patron saint of romantic love? By Chaucer's time the link was assumed to be because on these saints' day -14th February - the birds are supposed to pair. Or perhaps the custom of seeking a partner on St Valentine's Day is a surviving scrap of the old Roman Lupercalia festival, which took place in the middle of February. One of the Roman gods honoured during this Festival was Pan, the god of nature. Another was Juno, the goddess of women and marriage. During the Lupercalia it was a popular custom for young men to draw the name of a young unmarried woman from a name-box. The two would then be partners or 'sweethearts' during the time of the celebrations. Even modern Valentine decorations bear an ancient symbol of love - Roman cupids with their bows and love-arrows.

There are no churches in England dedicated to Valentine, but since 1835 his relics have been claimed by the Carmelite church in Dublin.

St Valentine's Day, a poem

Saint Valentine's Day, many believe, was named after one or more Christian martyrs and was established by Pope Gelasius 1 in 496 AD. Valentine of Rome was martyred about 269, and this day usually 'belongs' to him.

The first recorded association of Valentine Day with romantic love (1382) is from Geoffrey Chaucer. He wrote, 'For this was Saint Valentine's Day, when every bird cometh there to choose his mate.' This poem was in honour of the first anniversary of the engagement of King Richard II of England to Anne of Bohemia. Valentine Day is referred to by Ophelia in Hamlet (1600-1601).

To-morrow is St Valentine's day All in the morning betime And I a maid at your window To be your Valentine.

The modern mention of Valentine's Day can be found in a collection of English nursery rhymes (1784):

The rose is red, the violet's blue The honey's sweet, and so are you. Thou are my love and I am thine I drew thee to my Valentine.

From the Registers

Baptisms:

Sunday 5th December

Sunday 23rd January

Freddie Mark Brown - Max Lewis Robert Humphrey Spenser Jude Weston - Heidi May Weston Theo Albert Robinson - Olivia Leigh Richards

May they know the love of God in their life and may all things of the Spirit live and grow in them

Marriages

Monday 13th December	Anthony Louis Storr & Rachael Leanne Coulson
Wednesday 22nd December	Callum Worsnop & Holly Carr
Monday 27th December	John Cowgill & Bridie Mulgrew

May each be to the other strength in need a comfort in sorrow and a companion in joy

Funerals

Monday 6th December	Irene Smith	90	
Thursday 23rd December	Peter Albert Jones		85
Thursday 30th December	Christine Doris Witham		82
Wednesday 19th January	George Bradshaw	90	

Grant them, O Lord, refreshment, light and peace.

Why you should do housework

Now here is a great reason to do some housework: older people who regularly do household chores have better memory and attention spans than those who avoid domestic duties.

Not only that, but housework is linked to superior leg strength in people over 65. That means their risk of a fall is reduced.

The study, published in BMJ Open, found that a combination of light housework, such as washing up, dusting, making the bed, hanging out laundry, ironing and cooking – and heavy housework, such as window cleaning, changing bedding, vacuuming, washing the floor, and chores involving sawing, repairing or painting, "was associated with higher cognitive function" among older people, who showed up to 14 per cent higher attention span scores than older people who did not do housework.

What a tree can do for you

Trees can help prevent you getting depressed. At least, you are less likely to be on antidepressants if you live on a tree-lined street.

That is the finding of a survey by the Forestry Commission, which looked for the first time at the mental health value of our forests and woodlands. Apparently, they save the NHS something like £185million in antidepressants each year.

A spokesman at Mind, the mental health charity, said: "Although many of us feel like hibernating in winter, getting outside in green spaces and making the most of the little daylight we get can really benefit both your physical and mental health."

God in the Sciences

This series is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

The Love of Wisdom of Natural Things

Some time ago a scientist was invited to speak at the Dewsbury Women's Institute. He spoke about his research on polymers, hoping that the women of this Yorkshire mill town would connect with his desire to develop new fibres.

One person in particular, a woman called Betty who had worked in a mill since the age of 15, listened as if her life depended on it, and peppered him with questions afterwards. She had always been interested in how things work, but until that day had not found anyone to answer her questions. Whenever she had asked about the processes that they were using in the mill, she was just told to get on with her job.

From the outside, science can seem a closed specialty, hemmed in by intimidating jargon. When McLeish described science as 'the love of wisdom of natural things', however, he realised he was opening a door. He was moved to see that Betty was not the only person who shed a tear when her questions were finally taken seriously, confirming that her enquiring mind was indeed probing in the right direction – only fifty years too late.

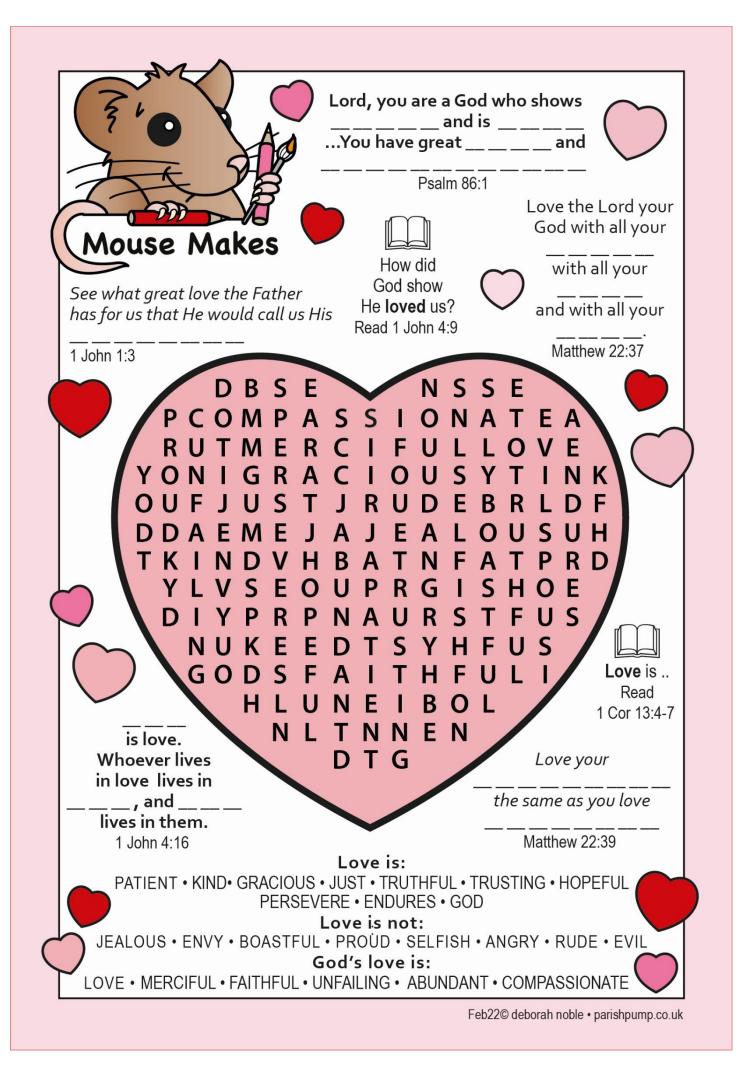
Hearing about people like Betty reminds me that science is a very natural activity for anyone to be involved in. McLeish is convinced that there is a future in 'science therapy'. In his book Faith and Wisdom in Science, where this story appears, he asks the question "If a reintroduction to the activity of representing both inner and outer worlds in paint, music and drama can help to heal minds, what hope might there be for a participation in a gentle and contemplative science in restoring a broken or misunderstood relationship with the physical world?"

This story inspired me to run a number of hands-on science activities with adult audiences in churches. I have extracted DNA from strawberries with a midweek group for older people, organised hands-on exhibits to liven up lecture or discussion events, and even had groups extracting DNA from their own cheek cells.

Every time I lead activities like these, I find that grown-ups are grateful for the opportunity to have a go at science themselves. I love helping church-based groups, in particular, to reconnect with science and celebrate what they find. Science is not just for children and professionals – it is for everyone to enjoy and explore the world God made.

Martin Luther King, Jr. On Science and Religion

"There may be a conflict between softminded religionists and toughminded scientists," he said. "But not between science and religion. Their respective worlds are different and their methods are dissimilar. Science investigates; religion interprets. Science gives man knowledge which is power; religion gives man wisdom which is control. Science deals mainly with facts; religion deals mainly with values. The two are not rivals. They are complementary."





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At **Park View Residential Care Home,** we take pride in enriching the lives of our residents and those joining us for respite care breaks.

We cannot fault the care our mum
 has received since moving into Park View.
 We are always well informed by the
 extremely friendly staff. 77

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Website of the Week: Mental Health Exercises

In the northern hemisphere, this time of year can be dark in every sense. The Jesuits in Britain, creators of the wonderful Pray As You Go website, have devised seven mental health audio exercises designed to encourage, in God's presence, prayerful awareness of any feelings of unease or distress. These short exercises last no more than eight minutes. They address addiction, aging, anxiety, depression, grief, insomnia and loneliness. It is hoped that they will be helpful for anyone who might be struggling at the moment. To access these, and other rich online spiritual resources, visit: <u>www.newpilgrimpath.ie</u>.

Editor's Lockdown Humour

don't forget to click on the pictures and links to learn more!

If a man speaks in the forest and there is no woman there to hear him... Is he still wrong?

The wife asked me if I'd seen the dog bowl. I said: "To be honest, I didn't even know he played <u>cricket</u>!"

I don't know what is scarier at the moment, taking a <u>lateral flow</u> test or weighing yourself.

There is nothing like a little tomato soup to sooth the soul. Even if it it's cold, over ice, with a celery stalk and vodka...

Just because I'm awake at 8am doesn't mean I'm ready to do things...

I'll never forget the look on the checkout girls face, when she scanned my packet of bird seed. And I asked her "How long does it take for the birds to grow once I sow them"?





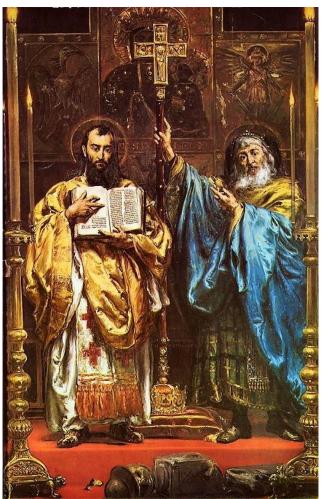
Saints of the month - 14th Feb Cyril and Methodius, helping the Slavs

Cyril and Methodius are saints for anyone with good secular qualifications, who now suspects that God may be calling them to use those skills in His service.

Cyril and Methodius were brothers, born into a wealthy family in Thessalonica, in 826 and 815 respectively. Their upbringing destined them for lives of respect and influence.

Methodius, the elder brother, was appointed governor in a Slav province of the Roman Empire, although within a few years he become a monk on Mount Olympus in Asia Minor. Meanwhile his younger brother, Cyril, went into academia in Constantinople, becoming a lecturer in philosophy and librarian.

But then, in 863, the ruler of Moravia, Rostislav, asked the emperor to send him some Christian teachers who could conduct services and teach his people in the Slavonic tongue. Emperor Michael III chose Cyril and Methodius.



It was a daunting task, for the Slavonic language had not yet been written down. But nonetheless, the brothers methodically set about their great work.

Cyril used his academic ability to create an alphabet for the Moravians, which eventually became the Cyrillic alphabet. The brothers then used this written language to teach Christianity in Slavonic, and to provide a way for the Moravians to worship in their own language. The brothers translated much of the liturgy and the gospels to this form.

During their time in Morovia, the brothers faced opposition from missionaries of the German Church, who believed that the official languages of the church should only be Hebrew, Greek or Latin. But the Pope pronounced that both brothers were orthodox, and made them both bishops, with Methodius ending up as Archbishop of Rastisalve and Svatropluk.

Cyril and Methodius have been held in high honour, as men who pioneered the use of the vernacular language in church services. Cyril would have been astonished if he had known the eventual consequences of his hard work. For not only did the Slavonic language spread quickly, with him becoming known as the Father of Slavonic Literature, but Slavonic went on to become the language of the Liturgy in the 9th century Russian Church.

George Herbert, vicar and poet – 27th Feb

On this day the Church Calendar celebrates George Herbert. For those who are muttering 'never heard of him', just think of the hymn <u>'Let all the world in every corner sing'</u>, which he wrote, along with several other hymns which are still popular, even if they are well over 300 years old. In the course of his short life he was a graduate of Cambridge University, a favoured politician of King James, a distinguished poet of the so-called 'metaphysical' school, and a much-loved parish priest at Bemerton, in Wiltshire.

He was born in Wales but grew up in a wealthy family in England. As a student he felt called to ordination, but when he had graduated, he was drawn instead into the government of the time. As a protégé of King James (yes, the one of the 'King James Bible') he could have pursued a career in government, but that youthful call persisted and after a while he turned instead to the ministry of the Church of England. It was an era when many clergy were absentee incumbents, paying someone else to do the parish work while they lived elsewhere, but Herbert set himself to be a true parish priest, noted for his pastoral care and practical support of his parishioners. The whole of his ministry was fulfilled in that one parish, until he died at 39 from what we would now call tuberculosis.

It is of course his hymns for which he is chiefly remembered today, though his Collected Poems are also regarded as jewels of English poetry



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The World Ahead

Editor: Dr Peter Brierley considers what 2022 may hold for us. Dr Peter Brierley is a church statistician and may be contacted on <u>peter@brierleyres.com</u>

Towards the end of every year The Economist publishes a comprehensive paperback looking at the year to come. For 2022, The World Ahead looks at 10 main issues, and while of course these reflect a commercial and financial viewpoint, they are also areas of concern to Christians also. They are:

1) Democracy v autocracy – the tensions between the rival political systems of America and China will continue to involve trade, tech regulations, vaccinations, and space stations.

2) Pandemic to endemic – new treatments are coming, but unless more people can be vaccinated globally, Covid-19 will become yet another endemic disease, affecting the poor more than the rich.

3) Inflation worries – the supply-chain interruptions and increased energy demands have pushed up prices. Will that affect charity and church finances? The UK also has an acute labour shortage.

4) The future of work – the work-from-home syndrome will probably mean more 'hybrid' workstations. Women are keener to work from home. Could this impact church life, and, if so, in what ways?

5) The new techlash – American and European governments have been trying to rein in the tech giants. Meanwhile, China is demanding they focus on geostrategic advantage, not "frivolities like games and shopping."

6) Crypto grows up – the new crypto-currencies are being domesticated. Where will the future standard of finance fall? The central banks or somewhere else? It is still to be determined. Such issues may affect the Church Commissioners, but probably not the local church!

7) Climate crunch – this affects us all but still "a striking lack of urgency prevails among policymakers." And global success, if it can be achieved, will require co-operation between the West and China.

8) Travel trouble – the transition to an endemic from a zero-Covid suppression (as in Australasia) may be difficult. Future business travel is likely to be much less (zoom taking over), so holiday travel could cost more. What will this mean for international Christian gatherings?

9) Space races – "2022 will be the first year in which more people go into space as paying passengers than government employees." China will finish its new space station; NASA is crashing a probe into an asteroid.

10) Political footballs – the Beijing Winter Olympics and the football World Cup in Qatar will show just how far sport can bring nations together.

Such is the global perspective, as seen by economists. What difference would Christian leaders bring to the table? Church planting would be an obvious candidate, but there is also a need to encourage dispirited Christian people, to strengthen and empower youth work, to decide the best way forward for congregations whose churches are no longer viable, to develop a vision to meet national spiritual need, to enable leadership to focus on the top priorities without distraction on lesser things, and finally, to revitalise faith in the inspiration, authority and power of God's Word.

In memory of Dolly the Sheep

Just 25 years ago, on 22nd February 1997, scientists at the Roslin Institute in Edinburgh announced that they had successfully cloned a mammal from an adult cell for the first time: a sheep named Dolly.

Dolly – named after country singer Dolly Parton – was not the first cloned mammal, however. Another sheep had been cloned from an embryo cell as early as 1984. Dolly was made from an adult mammary cell, which had been thought impossible.



The idea was to open up possibilities in breeding and in medicine, but Christians and others were alarmed at the possibilities that seemed to be opening up for human cloning, which some said raised difficulties because humans were made in the image of God.

The Vatican called for a total ban on the cloning of human beings, which it said was a "dangerous experiment" that could undermine human dignity. But a number of Jewish thinkers argued that in certain circumstances it could be an acceptable and compassionate option.

Over the years Dolly gave birth to six lambs but in 2000 was found – with other sheep at Roslin – to be infected with a virus causing lung cancer; she was then diagnosed with arthritis, which was treated successfully, but in 2003 she was discovered to have tumours growing in her lungs and was euthanised to prevent her suffering, at the age of six. A healthy sheep would normally live to the age of 10 or 12.

Dolly's body was donated to the National Museum of Scotland in Edinburgh, where she has become one of the most popular exhibits.

Tim Lenton

The Gardening Year – February

Essential Plant Foods - It has been shown that something like fifteen or sixteen substances appear to be vital from the gardener's point of view. However, the four most important foods are nitrogen, phosphorous, potassium (potash) and calcium, with magnesium running these to a close fifth and Sulphur, iron, boron, manganese, copper, zinc, and molybdenum tagging along. Somewhere in the rear. It is common to refer to the first four as major and the rest as trace elements. This is a fair enough description provided it is understood that all are quality essential to healthy, plant growth and that what makes the first group take precedence over the second. It's simply that these elements are needed in greater quantity. The first four nitrogen, phosphorus, potash, and calcium are most likely to be deficient in soil, and are in consequence, those that the gardener will most frequently need to supply.

What each food does

Nitrogen has its most marked effect upon rate and vigour of growth and colour of foliage, when nitrogen is in short supply, plants tend to be stumped, and leaves are small and pale or blush in colour. add nitrogen in a suitable form and the rate of growth immediately increases, and leaves become large, lush and dark green.

Phosphorus also has a considerable effect on growth though not quite as much as in the case of nitrogen. Nevertheless, when phosphorus is very deficient there will be many of the symptoms of nitrogen starvation.

Potassium - Perhaps the most spectacular effect of potassium is on roots which grow freely when it is abundant, but are poor and stunted when it is lacking .pot ash however the principal fruit forming fertiliser .when there is insufficient pot ash in the soil ,fruits tend to be poorly coloured and lacking in flavour, faults which disappear directly when pot ash is added .pot ash also has a striking effect on foliage for when it is deficient leaves particularly of fruit trees, becoming scorched at the edges much as they would be scorched by drought or excessive heat .

Calcium is the element which the gardener adds to the soil when he limes it, it enters into the constitution of all plants and is essential to them. lime must be regarded as one of the major soil foods because of its importance in the soil itself where it flocculates clay and corrects acidity, thereby stimulating bacterial activity and aiding the liberation of other plant foods.

Complete or **balanced** fertilisers are terms are used to describe any mixtures of chemicals which provide nitrogen phosphorus and pot ash in reasonable quantity i.e., 7%nitrogen 7%phosphorous,7%pot ash. These are the three most likely to be in short supply and in consequence that the so called complete fertilizer is the best general standby for the gardener

Colin Williams

Eat the Seasons – February

Vegetables - Sprouts, Cauliflower, Celeriac, Chicory, Jerusalem Artichoke, Kale, Kohlrabi, Leeks, Parsnips, Potatoes (Maincrop), Purple Sprouting Broccoli, Salsify, Shallots, Swede, Truffles (Black),

Fruit - Bananas (Windward), Blood Oranges, Clementines, Kiwi Fruit, Lemons, Oranges, Passion Fruit, Pineapple, Pomegranate, Rhubarb

Meat – Guinea Fowl, Hare, Partridge, Turkey, Venison

Fish – Clams, Cockles, Dab, Dover Sole, Gurnard, Haddock, Halibut, Hake, Langoustine, Lemon Sole, Lobster, Mackerel, Mussels, Oysters, Red Mullet, Salmon, Scallops (Queen), Skate, Turbot, Winkles

Visit - www.eattheseasons.co.uk

God So Loved the World

Editor: Canon Paul Hardingham considers the nature of true love.

'For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.' (John 3:16)

This month, as we mark St Valentines' Day, we focus on the importance of love. In understanding the way God loves us, this verse shows us how we should love others. God's love is unconditional: God demonstrated His unconditional love for us by sending His Son into this world, to show us how we should love others, especially when it is undeserved! 'There is nothing we can do to make God love us more. There is nothing we can do to make God love us more. There is nothing we can do to make God love us less.' (Philip Yancey).

God's love is sacrificial: God's love is not selfish or self-seeking, but selfless and selfsacrificial, putting the needs of others first. This is demonstrated by the cross, which is the supreme demonstration of God's love. He died for our sins to give us access to God's love, which is made real in our lives by the Holy Spirit.

God's love is forgiving: According to the film Love Story, 'Love means never having to say you're sorry.' Yet Jesus' love for us enables us to forgive others, as we find His forgiveness through the gift of eternal life, available to all who put their trust in Him.

In this World Cup Year, we remember Bobby Moore describing the terror of receiving the World Cup from the Queen in 1966: "I noticed that the Queen was wearing some beautiful white gloves. I looked down at my hands and they were completely covered with mud!"

Although we approach God with dirty and spoilt lives, because of His love, we can shake hands with a holy God and share that love with others.

Crossword Puzzle - Solution is here



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It is time to eat Parsnips

Pale yellow or ivory in colour and shaped like a slightly bulbous carrot, parsnips are one of the tastiest and most appealing root vegetables. Cheap and simple to prepare, their soft, fragrant, slightly sweet flesh adds a warm, comforting element to dishes.

Parsnips have been cultivated by humans for over 2,000 years. In ancient times parsnips and carrots were often referred to by the same name (pastinaca was used by Pliny to describe both). The writings of Apicius indicate that the Romans held the parsnip in some esteem. They were a ubiquitous and nutritious staple food for centuries in Europe. Before sugar was widely available parsnips were used to sweeten dishes such as cakes and jams. Their popularity declined following the introduction of the potato, and this decline continued as sugar became more readily available. The parsnip is now not commonly eaten outside Northern European countries.



Wild parsnips are found across Europe and Asia. The cultivated form - Pastinaca sativa - belongs to the umbelliferae family which includes carrots, chervil, parsley, fennel and celeriac. Parsnips are a good source of vitamin C, fibre, folate and potassium (increased potassium in the diet is associated with a lowering in blood pressure).

Buying and cooking - Parsnips should be firm and dry. The likelihood of a parsnip having a tough, woody core seems to increase with size. Irregularly shaped parsnips won't taste any different just a little fiddlier and more wasteful to prepare. Flavour and sweetness are increased by frost, so parsnips are better during mid/late winter. Keep in a perforated, unsealed plastic bag in the bottom of the fridge. They can last for 2 or 3 weeks but keep a check and use them before they get soft or withered. To prepare - wash, peel, trim both ends and cut according to use.

Raw parsnip is good grated in a salad. Roasting or steaming are the best cooking methods (boiled parsnip can be a bit watery). Steam parsnip chunks until soft (10 - 15 minutes). Roast parsnip in a moderate oven (180°C) for around 20 minutes for chunks, 30 - 40 minutes for whole parsnips. Whole roast parsnips are delicious accompanied by a yoghurt or sour cream dip flavoured with (for example) garlic, lemon or coriander.

Spicy Parsnip Soup Ingredients

tsp cumin seeds
 tsp ground turmeric
 tsp mustard seeds
 large onion, cut into 8 chunks
 garlic cloves

675g parsnips, diced2 medium size tomatoes, quartered1.2l vegetable stock1 tbsp lemon juice

Method

Pre-heat oven to 220C/fan 200C/gas 7

In a bowl, mix together the olive oil and coriander seeds, cumin seeds, ground turmeric and mustard seeds. Add the onion, garlic cloves, parsnips, and the tomatoes - mix well to coat. Spread over a heavy baking sheet, then roast for 30 mins or until tender.

Spoon into a food processor or liquidiser with half the vegetable stock and process until smooth. Pour into a pan and add the remaining vegetable stock, season, then heat until barely simmering. Remove from the heat and stir in 1 tbsp lemon juice.

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Chapeltown & District Probus Club



In January, we welcomed back historian Ian Morgan, who last presented to us 8 years ago. The title of Ian's intruiging presentation was "Footpads, Kings and Highmaymen". Ian used a stretch of the Great North Road to give a historical talk about the villages and towns in North Nottinghamshire including Retford and Tuxford. Extremely interesting. As Wortley Hall was temporarily closed for deep cleaning, the meeting was followed by lunch at the recently re-opened Staindrop Lodge in Chapeltown – clearly still in the process of undertaking improvements and upgrades.

We welcome all new members and, If you are interested or would like to join a meeting as a guest, please make contact with the Secretary, Trevor Winslow (see below).

Upcoming meetings in Grenoside Community Centre (followed by lunch at Wortley Hall):-

9th February – Paul Adey "History of the Motor Industry – Part 1"

9th March – Annual Meeting

Contact details: E-Mail chapeltown.probus@gmail.com,

Website https://chapeltown-probus.org.uk/ .

Crossword Puzzle

Clues Across

1 'If you love those who love you, what — is that to you?' (Luke 6:32) (6)

4 'They threw the ship's — overboard' (Acts 27:19) (6)

7 The first murderer (Genesis 4:8) (4)

8 He was the head Levite in charge of the singing when the ark of God was brought back to Jerusalem (1 Chronicles 15:22) (8)

9 Samson was noted for this (Judges 16:6) (8)

13 Solicit money or food from passers by (Acts 3:2) (3)

16 What William Booth's Christian Mission became in 1878 (9,4)

17 Alliance of Religions and Conservation (1,1,1)

19 'I will praise your name for ever and ever. — — I will praise you' (Psalm 145:1–2) (5,3)

24 Simon had (anag.) (8)

25 Desperate (Deuteronomy 28:48) (4)

26 Elisha witnessed the boy he was seeking to resuscitate do this seven times before opening his eyes (2 Kings 4:35) (6)

27 The belly and thighs of the statue in Nebuchadnezzar's dream were made of this (Daniel 2:32) (6)

Clues Down

- 1 'Before the crows, you will disown me three times' (Matthew 26:75) (4)
- 2 Relating to the books of the Bible between Acts and Revelation (9)
- **3** 'They have the Lord out of the tomb, and we don't know where they have put him!' (John 20:2) (5)
- 4 Belief (5)
- **5** 'Take the following fine spices: ... 250 shekels of fragrant ' (Exodus 30:23) (4)
- 6 'Do not Jerusalem, but wait for the gift' (Acts 1:4) (5)
- 10 A seer (anag.) (5)
- **11** 'Even there your hand will me' (Psalm 139:10) (5)
- **12** The wild variety was part of John the Baptist's diet (Mark 1:6) (5)

13 A non-Greek speaker who was looked down on by civilized people (Colossians 3:11)(9)

14 Famous 1950s musical whose characters included members of

16 Across, — and Dolls (4)

15 The province from which Paul wrote to the Corinthians (1 Corinthians 16:19) (4)

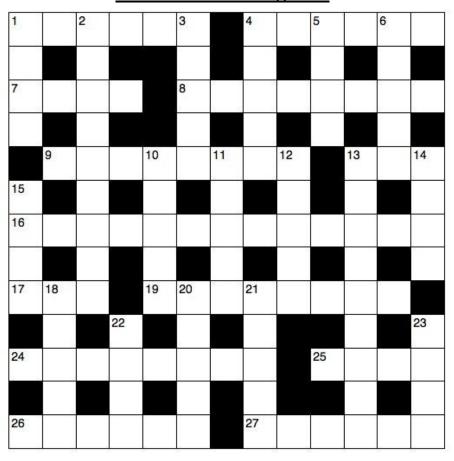
18 'He was standing in the gateway with a linen cord and a measuring — — his hand' (Ezekiel 40:3) (3,2)

20 'Today, if you hear his — , do not harden your hearts as you did in the rebellion' (Hebrews 3:15) (5)

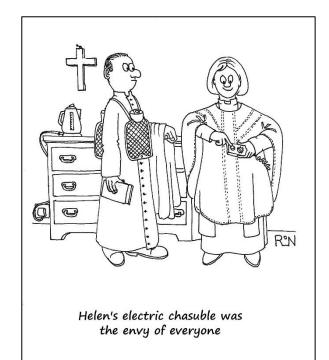
21 The Jericho prostitute who hid two Israelite spies on the roof of her house (Hebrews 11:31) (5)

22 'And now these three remain: faith, — and love. But the greatest of these is love' (1 Corinthians 13:13) (4)

23 'God has numbered the days of your reign and brought it to an end' (Daniel 5:26) (4)



Solution is on Page 23





Prayers and Poems Page

A Prayer at Candlemas

Dear Lord God,

February can be a difficult, cold month, and this year there is much to be concerned about, with the pandemic still affecting our lives in so many ways. But thank you, Lord, that February can also be a month of wonderful signs of hope.

Help us, when we look down, to see the snowdrops - sometimes known as Candlemas Bells - and other bulbs pushing through the dark earth, showing the promise of Spring and brighter days ahead.

And then, help us to look up, to see the light of Jesus, Your revelation to all the world, in that baby who grew and died and rose again to offer salvation, hope and life to all who put their trust in Him.

Thank you, Father, for Jesus and that, because of Him, nothing – no pandemic, no circumstance - can ever separate us from You.

Thank you for Your Holy Spirit, living in all who trust in You, giving us strength for each new day of this and every month. In Jesus name, Amen.

By Daphne Kitching

Love

He held her close in his arms' embrace, Their eyes and their lips did meet, He looked down into her lovely face, And her heart did faster beat...

They went to the kirk an it came the day, And the book the priest did take; He in his kilt was so bright and gay As his promise he did make.

She stood at his side so white and fair, Her white fingers fair to give, The priest handfasted them then and there, And he blessed them long to live.

O God give the joy and God the love To those who are lovers true, Shed down benediction from above As in one are joined the two.

From Prayers of the Western Highlanders

He Prayeth Well

He prayeth well, who loveth well Both man and bird and beast, He prayeth best, who loveth best All things both great and small; For the dear God who loveth us, He made and loveth all.

By Samuel Taylor Coleridge

God's Valentine

For God so loved the world He sent His Son There was no other way to let us know, So Jesus came to us from heaven's realm To bring God's love to all of us below.

He took on flesh, became like one of us, Taught and healed and loved wherever He went Showing the Father's love for all to see He truly was a gift from heaven sent.

The Bible is God's precious Word of Life A living breathing word like no other, It is a heavenly letter of love to us Sent 'From your God the Everlasting Father'.

By Megan Carter

Contact Numbers for Local Groups

Ecclesfield Rainbows

Gatty Hall Tuesday 5.00 pm to 6.15 pm Leader - Debbie Tel: 0786 047 1793

Ecclesfield Brownies

Gatty Hall Monday 5.30 pm to 6.45 pm Leader - Mrs J Hutchinson Tel: 0798 344 2742

Ecclesfield Brownies

Gatty Hall Tuesday 6.15 pm to 7.45 pm Leader - Mrs A. Kendall Tel: 0114 246 8866

Ecclesfield Guides

Gatty Hall Thursday 6.30 pm to 8.30 pm Leader - Mrs C Topham Tel: 0114 246 1289

Ecclesfield Priory Players

EPPIC Theatre Monday 7.30 pm to 10.00 pm Wednesday 7.30 pm to 10.00 pm Secretary - Emma Addy Theatre Tel No. 0114 240 2624

Ecclesfield Community Garden

Ecclesfield Park - Located between Ladycroft bridge/stream and Bowling greens. Open Wednesday + Saturday 10 am to 12 noon Tel: Robert 0114 246 1095

Friends of Ecclesfield Library

Run by the community for the community. Volunteer helpers always needed. Tel: 0114 246 3651 email: <u>ecclesfieldlib@gmail.com</u>

Ecclesfield Cubs

Scout Hut (off Yew Lane) Wednesday 4:45 pm to 6:15 pm 2nd Pack 6.30 pm to 8.0 pm Leader - Mrs A Hancock Tel: 0114 245 2780

Ecclesfield Beavers

Scout Hut (off Yew Lane) Monday 6.00 pm to 7.15 pm Leader - Mrs J Steel 0114 246 0218 Thursday - 5.45 - 7.00 pm Shane Porteous shane@ecclesfieldscouts.org.uk

Ecclesfield Scouts

Scout Hut (off Yew Lane) Thursday 7:15 pm to 9:00 pm Leader - Bryony Hemming 25thecclesfieldscouts@gmail.com

The Grenoside Singers

Practice Monday in St Mark's Church Hall at 7:30 pm Secretary: Judith Gill Tel: 0782 411 2584 www.grenosidesingers.co.uk

Whitley Hall Cricket Club

Matches every Saturday and some Sundays and weekdays. Please make contact if you wish to play or learn. Secretary: Joe Webster: <u>whitleyhall@ycspl.co.uk</u> Website: <u>www.whitleyhall.play-cricket.com</u>

Chapeltown and District PROBUS Club

Meets every 2nd Wednesday in the month in Grenoside Community Centre All retired and semi-retired gentlemen welcome Contact the Secretary: Trevor Winslow <u>chapeltown.probus@gmail.com</u> We are now on face to face see <u>www.chapeltown-probus.org.uk</u>

If you would like your local group advertised, please contact: Mrs P Blackburn 🖀 0114 246 8453

	Useful Contacts			
<u>Vicar</u> E-mail: ttim.gill@sheffield.a	Revd Tim Gill Inglican.org	257 0002		
<u>Churchwardens:</u>	Ann Hackett Jo Hawksworth Michael Waldron Vacancy	246 7159 246 2852 246 3091		
<u>Readers:</u>				
Pastoral Workers:				
<u>Church Office:</u> Tuesday 9:00 am to 1.00 p Thursday 9.00 am to 12.00	245 0106			
Church Choir Practice in Church 3.00pm on the first Friday of each month				
Music Group Practice in 0 Thursday 7:30 pm - Contac	246 0746			
Mother's Union in Gatty Hall 1st Wednesday of month 1:00 pm Contact: Stephanie Hartshorne 245 9435				
Ecclesfield Ladies Group Thursday 7.30 pm - Contac	245 5492			
Bell Ringers meet in Church Belfry Tuesday 7:30 pm Contact: Phil Hirst		286 2766		
Gatty Hall Bookings, Contact us on:		0780 307 8223		
Baptisms: Contact – Pat Clarke		257 7191		
Weddings: Contact: Revd Tim Gill		257 0002		
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